Resolve MUST fix issues for Measured peak bitrate in HLS with mediastreamvalidator

You need to set buff_size = max_buffer_size * 1.5, min_buffer_size = max_buffer_size * 0.92, avg_buffer_size = max_buffer_size * 0.96, gop=60, fps=30 in ffmpeg to avoid MUST fix issues with Apple meadiastreamvalidator.

Apple mediastreamvalidator is one of the tools can verify if HLS stream is stable or not. Sometimes its error message is too sensitive, because that does not make any errors on real world - probably the very old legacy device may have issues.

```
_____
MUST fix issues
_____
Error: Measured peak bitrate compared to master playlist declared value exceeds error tolerance
--> Detail: Measured: 6188.66 kb/s, Master playlist: 4815.80 kb/s, Error: 28.51%
--> Source: https://foo.net/asset/4085delcd3bc17db0bd71f368de2a79571cae2aa/manifest-7c9b7fbf-1a7b235a-d758c099.
m3u8
--> Compare: dec95656-693de01e-370191fe-255163091-ts-7c9b7fbf-1a7b235a-d758c099.m3u8
--> Detail: Measured: 5168.95 kb/s, Master playlist: 3880.80 kb/s, Error: 33.19%
--> Source: https://foo.net/asset/4085delcd3bc17db0bd71f368de2a79571cae2aa/manifest-7c9b7fbf-1a7b235a-d758c099.
m3u8
--> Compare: dec95656-693de01e-370191fe-255163092-ts-7c9b7fbf-1a7b235a-d758c099.m3u8
--> Detail: Measured: 2023.18 kb/s, Master playlist: 1548.80 kb/s, Error: 30.63%
--> Source: https://foo.net/asset/4085de1cd3bc17db0bd71f368de2a79571cae2aa/manifest-7c9b7fbf-1a7b235a-d758c099.
m3u8
--> Compare: dec95656-693de01e-370191fe-255163094-ts-7c9b7fbf-1a7b235a-d758c099.m3u8
```

You will need to set minrate:avgrate:maxrate:buffsize = 0.92:0.96:1:1.5 with ffmpeg to avoid above case. The ffmpeg options you should do is something like below: